

December 2022 Wellness Coalition Newsletter



Hello Wellness Coalition Members,

Happy Holidays! Read below for tobacco updates:

SB-793 Goes into Effect Statewide

SB 793 goes into effect December 21, 2022. This new state law prohibits the sale of most flavored tobacco products, including:

- Flavored e-cigarettes or vapes, e-juice, pods, or cartridges
- Menthol cigarettes
- Vape pens with flavored cannabidiol (CBD), aromatherapy, or essential oils
- Flavored little cigars and cigarillos
- Flavored loose leaf roll-your-own tobacco
- Flavored smokeless tobacco products
- Flavored Tobacco Rolling Papers
- Tobacco product flavor enhancers

Although the tobacco industry sued the state to impede the new law, it will not prevent it from going into effect.

There are penalties for selling flavored tobacco products

- Any retailer will be fined \$250 for each violation of the state law
- San Benito County fines any retailer, agents, and/or employees \$250 per infraction

Thank you, again, to our voluntary organizations, evaluation and surveillance contractors, and community partners for the hard work you have done on local policies that laid the foundation for this new state law.

Upcoming Coalition Meeting

Next Wellness Coalition meeting will be in March of 2023

- The exact date, meeting location, and time will be sent out in advance February of 2023

If you are interested in joining our coalition and presenting at our next meeting, please contact Crystal Ortiz at crortiz@cosb.us

TOBACCO NEWS & SBC CALFRESH HEALTHY LIVING SPOTLIGHT



Most reported substance use among adolescents held...

The percentage of adolescents reporting substance use in 2022 largely held steady after significantly declining in 2021, according to the latest results from the Monitoring the Future survey of substance use behaviors and related attitudes among...

[Read more](http://www.nih.gov)
www.nih.gov

[Read Article](#)



For the month of December, the Wellness Coalition would like to highlight one of its members: the San Benito County CalFresh Healthy Living Program.

The CalFresh Healthy Living Program is a program from the California Department of Public Health (CDPH) that is found in most counties in California and throughout the country. It was established permanently in San Benito County since 2014. The goal of the CalFresh Health Living Program is to prevent chronic diseases and improve food security among persons eligible for CalFresh Food (food stamps). The program focuses on implementing nutrition education, policy, systems, and environmental change strategies to increase access and consumption of healthy food and beverages as well as decrease sedentary behavior. With current obesity rates for adults at 69% and teen obesity at 49% in San Benito County, more than ever are services needed that address nutrition behaviors, policy systems, and environmental changes.

[Read Article](#)

ANNOUNCEMENTS

OptumServe Lifesign FREE Flu Testing



Flu Testing is now available @ Hazel Hawkins Community Health Center Located at 930 Sunset Drive Building 2, Suite B, Hollister, CA 95023

Sundays, Tuesdays & Thursdays
7:00AM-3:00PM
Effective 12/18 7:00AM-7:00PM

Testing also available at mobile testing sites

WEDNESDAY: BRIGANTINO PARK

2073 San Juan Hollister Road, Hollister

THURSDAY: SAN JUAN SCHOOL SOCCER FIELD

100 Nyland Drive, San Juan Bautista

FRIDAY: IMMACULATE CONCEPTION CATHOLIC CHURCH

7290 Airline Highway, Tres Pinos

SATURDAY: BRIGANTINO PARK

2073 San Juan Hollister Road, Hollister

SUNDAY: BRIGANTINO PARK

2073 San Juan Hollister Road, Hollister



Flu tests will only be used for symptomatic individuals; asymptomatic individuals will be tested for COVID-19 only.

Mobile Testing Hours
OPEN 9:00AM-5:00PM
CLOSED 1:00PM-2:00PM

Do you need help with your healthcare, talking with us, or reading what we send you? We provide our materials in other languages and formats, including braille, large print, and audio at no cost to you. Call us toll free at 800-407-4627 (TTY 711), or 888-285-7801 (TTY 711) for members in Los Angeles.

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos, incluyendo braille, letras grandes y audio sin costo para usted. Llámenos a la línea gratuita al 800-407-4627 (TTY 711), o 888-285-7801 (TTY 711) para miembros en Los Angeles.

您在醫療保健、向我們諮詢、或是閱讀我們寄給您的資料時有需要任何的幫助嗎？我們以其他語言和格式提供我們的資料，包括點字、大型字體印刷和音訊格式，您無需支付任何費用。歡迎撥打我們的免費電話 800-407-4627 (TTY 711)，Los Angeles 的會員或可致電 888-285-7801 (TTY 711)。

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No-cost transportation when you need it



[anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal)

1021099CAMENABC 12/21

With Anthem, you don't have to worry about a ride to your next important appointment

We know finding a ride to healthcare appointments, housing, and food services can sometimes be hard. Anthem offers no-cost transportation to help you get the care you need.

- Arrange a ride to medical, same-day urgent care, dental, behavioral health, and substance use disorder appointments – or to pick up prescriptions and medical supplies at the pharmacy.
- Members with food insecurity needs can arrange rides to grocery stores, farmers markets, food banks, and food pantries to pick up food.

1. Call Anthem transportation reservations toll free at 877-931-4755 at least five business days before your appointment, not including the day you call, weekends or holidays.



2. Give your member ID number listed on your member ID card.



3. If it is your first time calling, give your primary care provider (PCP)'s name, address, phone and fax numbers.



Transportation to housing and homeless services appointments must be arranged by your Anthem Care Coordinator/Housing Specialist.

Request approval by calling the Customer Care Center Monday to Friday, 7 a.m. to 7 p.m. toll free at 800-407-4627 (TTY 711), or 888-285-7801 (TTY 711) for members in Los Angeles. Once you have approval, follow instructions on the left for calling Anthem transportation reservations.

Transporte sin costo cuando lo necesite

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos, incluyendo braille, letras grandes y audio sin costo para usted. Llámenos a la línea gratuita al 800-407-4627 (TTY 711), o 888-285-7801 (TTY 711) para miembros en Los Angeles.

Anthem Blue Cross cumple con las leyes federales aplicables de derechos civiles y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

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[anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal)

1021099CAMSPABC 12/21

Con Anthem, usted no tiene que preocuparse acerca de un traslado a su próxima cita importante

Sabemos que a veces puede ser difícil encontrar un traslado a citas de atención de la salud, servicios de vivienda y alimentos. Anthem ofrece transporte sin costo para ayudarle a recibir la atención que usted necesita.

- Coordine un traslado para citas médicas, de atención de urgencia el mismo día, dentales, de salud del comportamiento y trastorno por el uso de sustancias; o para recoger recetas y suministros médicos en la farmacia.
- Los miembros con necesidades de inseguridad alimentaria pueden coordinar traslados a tiendas de comestibles, mercados agrícolas, bancos y despensas de alimentos para recoger alimentos.

1. Llame al número gratuito de reservaciones de transporte de Anthem al 877-931-4755 por lo menos cinco días hábiles antes de su cita, sin incluir el día en que llama, los fines de semana o los días feriados.



2. Dé su número de identificación del miembro que figura en su tarjeta de identificación del miembro.



3. Si es la primera vez que llama, dé el nombre, la dirección y los números de teléfono y fax de su proveedor de atención primaria (PCP).



El transporte a citas para servicios de vivienda y personas sin hogar debe ser coordinado por su Coordinador de la atención/Especialista de vivienda de Anthem.

Solicite aprobación llamando al número gratuito del Centro de Atención al Cliente de lunes a viernes, de 7 a.m. a 7 p.m. al **800-407-4627 (TTY 711)** o al **888-285-7801 (TTY 711)** para miembros en Los Angeles. Una vez que tenga aprobación, siga las instrucciones a la izquierda para llamar a reservaciones de transporte de Anthem.

LiveHealth Online

Doctors 24/7 at no cost to you – sign up today!

Using LiveHealth Online, Anthem Blue Cross Medi-Cal members can visit with a doctor, therapist, psychologist or psychiatrist through live video from a smartphone, tablet or computer.

When you can't see your own doctor, use LiveHealth Online for urgent health conditions like the flu, fevers, diabetes and pinkeye. Doctors can even send prescriptions directly to your pharmacy if needed.*



Sign up in minutes. Just follow these easy steps:



1. Download the free **LiveHealth Online** mobile app or go to **livehealthonline.com**.

2. Choose Sign Up to create your LiveHealth Online Account.*

*You must be 18 or older to have your own account. A parent or guardian can add a child dependent to their account during the registration process or once they've logged in.

3. Enter your profile information. Here are some tips to help you fill this part out:

- **Current location:** Choose California.
- **Password:** Don't forget the password you create. You won't be asked to confirm your password.
- **Service key:** Leave blank.
- **Health plan:** Select Anthem Blue Cross Medi-Cal.
- **Insurance ID:** Enter the ID from your Anthem Blue Cross member ID card.

4. Tap Continue and you're in!

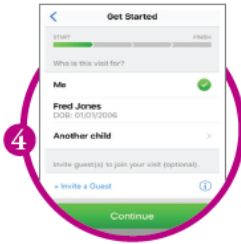
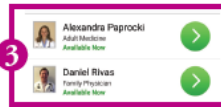
**Help for Wildfires
Medical**

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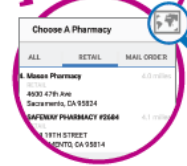
LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem.

ACA-MEM-0990-18

Visiting with a doctor using LiveHealth Online is easy! Here's how:



Tap the **list icon** in the upper right corner to see a list of pharmacies near you.



Or you can search for one using the **map view**.

1. **Log in to** LiveHealth Online using your username (email) and password.
2. **Choose** [LiveHealth Online Medical](#)
3. **Pick a doctor** who's right for you!
4. **Select** who the visit is for — example: your child. You can also invite a guest to your visit.
5. **Share** the reason for your visit.
6. **Answer** a few questions about your medical history — this information is kept private and only shared with the doctor you see through LiveHealth Online.
7. **Find** a pharmacy near you that works with our plan in case a prescription* is needed.
Make sure the pharmacy you pick is in our plan. If you're not sure, call the Customer Care Center number on your member ID card or use the Provider Search tool at www.anthem.com/ca/medi-cal.
Enter your location (your city or ZIP code) and tap **Find Pharmacy**.
8. **Review** your insurance (health plan) information and make sure it's right.
9. **Tap** the **Continue** button to be placed into a virtual waiting room until your visit begins.

Need help using LiveHealth Online?

Call 1-888-LiveHealth (TTY 711).

Don't wait until your next sick day.
Sign up today!

*Prescription availability is defined by physician judgment.

Obtenga el cuidado que necesita, cuando lo necesite con Anthem Blue Cross Medi-Cal.

En LiveHealth Online, los doctores siempre están a su disposición. Consulte a un doctor, terapeuta o psiquiatra por medio de una sesión de video en vivo por \$0 como miembro de Anthem Medi-Cal.

¿Necesita ayuda para registrarse? Llame al 1-888-LiveHealth (TTY 711).

livehealthonline.com



ACA-MEM-1302-19 SP

Comenzar es fácil.



1.

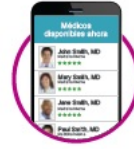
Regístrese o inicie sesión sin cargo a través de la aplicación móvil LiveHealth Online o de livehealthonline.com.



2.

Seleccione el cuidado que necesita.

Los doctores que hablan español están disponibles los 7 días de la semana con Cuidado Médico en LiveHealth Online.



3.

Escoja el doctor al que desee realizar una consulta.



4.

Siéntase mejor en menos tiempo.

Obtenga cuidado de inmediato para afecciones como estas:

- Alergias
- Resfriado
- Fiebre
- Conjuntivitis
- Dolor de garganta
- Sinusitis
- Y muchas más

Los doctores incluso pueden enviarle algunas recetas a su farmacia, si fuera necesario.*

Is your health center seeking a telehealth solution? Join our Digital Solutions Kiosk Program at no cost!

Anthem Blue Cross (Anthem) has launched a Digital Solutions Kiosk Program that provides on demand interpreter services for all of your patients. This offering increases access to primary care and telehealth services, eliminates language barriers and improves multicultural patients' overall health equity.

Digital Solutions Kiosks are provided at no cost to health centers and come with the preinstalled applications listed below.

Note: Anthem is continuously adding new solutions and capabilities to the iPads; new video-conferencing applications may be available in the future.



**On-demand interpreter services –
LanguageLine Solutions
(LanguageLine)***

- World-class certified linguists
- 8 to 16 second connect time to an interpreter
- 40 languages video | 240 languages audio
- Telephonic visits compatible – no kiosk needed
- No cost to health centers for Anthem patients; discounted rates for non-Anthem patients
- Vendor collects insurance ID and bills Anthem directly for minutes used

LanguageLine and live video conferencing apps now integrate to add an interpreter to your call!

Live video conferencing apps

Connect with your patients through the preinstalled live video conferencing apps!



What is telehealth?

Telehealth or telemedicine is the delivery of health-related services and information through telecommunication technologies.



Additional telehealth solutions:

The following solutions make it easier for providers to connect with their patients and continue to offer easy accessible care.



Specialty telehealth – live video

- Access an existing network of physician specialists
- Integration with your current practice or organization



Live video medical devices with TytoCare

On demand medical exams for you and your patients!



Digital Solutions Kiosk Program FAQ

What is provided by Anthem to health centers participating in the Digital Solutions Kiosk Program?

- Multiple 11 in. iPad Pros
- 10 ft. charging cables
- Rolling carts or table top stands
- Brochure holders



How does a health center participate in the Digital Solutions Kiosk Program?

A Memorandum of Understanding (MOU) needs to be signed by the organization participating and Anthem.

How can my health center get on-demand interpreters through LanguageLine?

A contract with LanguageLine needs to be signed by the health center. There is no cost to health centers for Anthem patients; discounted rates for non-Anthem members are provided by LanguageLine.

Can I use the kiosks and its services with all of my patients?

Yes, the Digital Solutions Kiosk Program is available for use with all your patients and can help address access barriers during the COVID-19 pandemic.

Additional resources

Check out Anthem's Provider News for more information on telehealth, COVID-19, billing and more at <https://mediproviders.anthem.com/ca>.

Kiosk use case ideas



Put iPads in exam rooms to let clinicians see patients on their laptops from a different room in same clinic, a totally different clinic (i.e., low volume day) or from home.



Give iPads to field staff doing any at-home visits and have them connect it to their work or personal phone's hot spot for Zoom visits with doctors (or even interpretation services).



Site-to-site telehealth — doctors at low volume clinics can virtually see patients at high volume clinics.



The iPad is detachable from the stand so you can allow clinicians to take the iPads home or use the kiosk as a main telehealth screen to see patients, freeing up their main laptop or workstation for charting in the clinic.



Use iPads to teach patients how to register for LiveHealth Online* and schedule behavioral health visits if need overflow coverage (psychiatry and therapy).



Use the Safari browser to show other resources to patients; for example:

- <https://anthembc.aunthertha.com> for food, jobs, housing, legal aid
- Clinic patient portals
- Anthem provider/patient portal

* LanguageLine Solutions is an independent company providing the interpreter services on behalf of Anthem Blue Cross. LiveHealth Online is the trade name of Health Management Corporation, an independent company, providing telehealth services on behalf of Anthem Blue Cross.

<https://mediproviders.anthem.com/ca>

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Enhanced Care Management



Enhanced Care Management (ECM) provides a whole-person approach to care that addresses the clinical and non-clinical circumstances of a high-need Medi-Cal Managed Care member. ECM is a collaborative approach to providing intensive and comprehensive care management services to individuals.

Populations of focus

The Department of Health Care Services (DHCS) is focusing on the following populations for ECM:

- **Individuals and families (including children) experiencing homelessness:** those who have at least one complex physical, behavioral, or developmental health need with inability to successfully self-manage
- **High utilizers – adults:** Adult high utilizers with five or more preventable emergency room visits, or three or more unplanned hospital and/or short-term skilled nursing facility (NF) stays in a six-month period within the last year
- **Serious mental illness/substance use disorder:** Adults with severe mental illness (SMI) or substance use disorder (SUD) diagnosis and experiencing one complex social factor, and are experiencing one or more of the following:
 - High risk for institutionalization
 - User of crisis services
 - Two or more emergency department visits or inpatient in past 12 months due to SMI/SUD-related hospitalizations, or
 - Pregnancy
- **Nursing facility diversion:** Adults at risk for long-term care (LTC) institutionalization who, in the absence of services and supports, would otherwise require care for 90 consecutive days or more in an inpatient NF
- **Nursing facility transition:** Adult NF residents who want and, with support, are able to transition to the community
- **Adults transitioning from incarceration:** those transitioning in the past 12 months who have a chronic mental illness, chronic disease, SUD, intellectual or developmental disability, traumatic brain injury (TBI), HIV, or pregnancy
- **Children and youth:** High utilizers; complex physical, behavioral, or developmental health needs; serious emotional disturbance; California Children's Services (CCS), child welfare (including foster care); incarcerated and transitioning

ECM core service components

- **Comprehensive assessment and care management plan:** A comprehensive, individualized and person-centered care plan developed by working with the member to assess risks, needs, goals and preferences, and collaborating for input with the member, care team members, support networks, and caregivers, as appropriate. This plan addresses physical and developmental health, mental health, dementia, SUD, community-based long-term services and supports (LTSS), oral health, palliative care, trauma-informed care, necessary community-based and social services, and housing.
- **Enhanced coordination of care:** Organizing patient care activities, as laid out in the care plan, sharing information with the member's key care team, and implementing the member's care plan. It is ensuring care is continuous and integrated among all service providers as well as providing support for member treatment adherence with medication reconciliation, scheduling appointments, coordinating transportation, accompaniment to critical appointments, and helping to address barriers to adherence.
- **Health promotion:** Working with members to identify and build on resiliencies and potential family or community supports and providing services to encourage and support members to make lifestyle choices based on healthy behavior, with the goal of supporting members' ability to successfully monitor and manage their health.
- **Comprehensive transitional care:** Developing and regularly updating a transition plan for the member that includes evaluating a member's medical care needs and coordinating any support services to facilitate safe and appropriate transitions from and among treatment facilities, including admissions and discharges.
- **Member and family supports:** Includes activities that ensure that the member and chosen family/support persons, including guardians and caregivers, are knowledgeable about the member's condition(s) with the overall goal of improving the member's care planning and follow-up, adherence to treatment, and medication management.
- **Coordination of and referral to community and social support services:** Determining the appropriate services to meet the needs of members, including services that address social determinants of health needs, and following that up with *closed loop referrals*, in which the member is referred to available community resources and confirmation that services were rendered.

More information

1. For more information about becoming an ECM provider, email CalAIM@anthem.com.
2. To refer a member for ECM services, call the Anthem Blue Cross Customer Care Center at 800-407-4627 (TTY 711) or 888-285-7801 (TTY 711) for members in Los Angeles County.

<https://providers.anthem.com/ca>

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ACAPEC-2531-22

Community Supports



Community Supports (CS) are a menu of services that, at the option of a managed care plan and a member, can substitute for covered Medi-Cal Managed Care services as cost-effective alternatives. The Department of Health Care Services (DHCS) has approved CS to individuals with complex physical behavioral, developmental, and social needs.

CS approved services

CS providers are entities with experience and expertise providing one or more of the following DHCS approved services:

- **Housing transition navigation:** Completing a housing support plan to identify barriers to housing, helping in a housing search, working with landlords, and any other activities to facilitate housing placement
- **Housing deposits:** Completing payment for security deposits, utility deposits, and other types of payments to gain housing; member must also participate in housing transition navigation
- **Housing tenancy and sustaining:** Upon becoming housed, supporting member in remaining housed
- **Short-term post-hospitalization housing:** Up to 180-day placement for people who are homeless and need clinical oversight; member will be offered housing transition navigation services
- **Medical respite:** Up to 90-day placement for people who are homeless or with unstable living situations who are too ill or frail to recover in their usual living environment, and in need of clinical oversight (med management or administration, activities of daily living [ADL] assistance), but do not necessarily require nursing facility (NF) level of care
- **Respite:** For members with informal caregivers who are at risk of being unable to provide informal care without a break
- **Day habilitation:** Skills training in financial management, employment support, daily living skills, etc. to ensure stability in the community
- **Nursing facility diversion or transition to assisted living facilities (ALF):** Members in the community at risk for NF placement or currently live in a NF, and assisting them in finding an ALF to live in
- **Community transition services/NF transition to a home:** For members living in NF who want to safely transition to the community and need assistance doing so
- **Personal care:** Supplemental personal care hours for people waiting on In-Home Supportive Services (IHSS) to start, or in addition to IHSS for certain circumstances

CS approved services (cont.)

- **Environmental accessibility:** Home modifications that can help a member stay in their home such as ramps and grab bars in the shower
- **Medically tailored meals or medically supportive food:** Up to two meals a day or vouchers for health food for members who have a clinical need for special diet and no other resources to help them prepare meals
- **Sobering center:** Short term, no more than 24-hour, placement in lieu of emergency room or jail for intoxicated persons to become sober, and connect with substance use disorder (SUD) services
- **Asthma remediation:** Ensure safety in home to prevent asthma being exacerbated



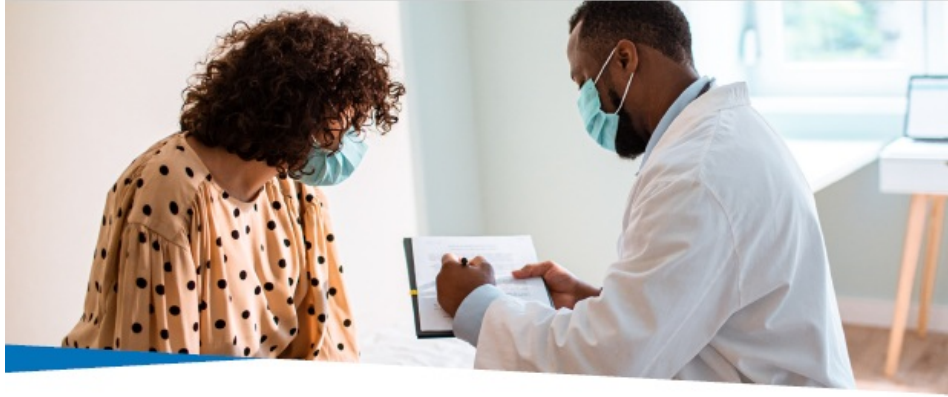
For more information

Please contact Anthem Blue Cross via email at CalAIM@anthem.com for more information or to begin the application process.

<https://providers.anthem.com/ca>

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ACAPEC-3532-22



Medi-Cal Managed Care



What is an e-Consult?

If your primary care doctor refers you to a specialist, you may get advice through an e-consult. An e-consult is completed in just a few days and may prevent you from traveling to another appointment.



<https://providers.anthem.com/ca>

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ACA-NU-0432-22



Am I eligible for the doula program?

If you are currently pregnant, are enrolled in Anthem Medi-Cal and live in Fresno County, you are eligible to receive doula services.

How can I get more details?

Anthem's doula program starts December 1, 2019. To learn more, please call the Customer Care Center at 1-800-407-4627 (TTY 1-888-757-6034) or 1-888-285-7801 (TTY 711) for members in Los Angeles, Monday through Friday from 7 a.m. to 7 p.m. Pacific time.



Anthem Blue Cross complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats, including Braille, large print and audio at no cost to you. Call us toll free at 1-888-285-7801 (TTY 711) (L.A. Care); 1-800-407-4627 (TTY 1-888-757-6034) (Medi-Cal).

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您在醫療保健、向我們諮詢、或是閱讀我們寄給您的資料時有需要任何的幫助嗎？我們以其他語言和格式提供我們的資料，包括點字、大型字體印刷和音訊格式，您無需支付任何費用。請撥打免費電話1-888-285-7801 (TTY 711) (L.A. Care); 1-800-407-4627 (TTY 1-888-757-6034) (Medi-Cal)。

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Are you pregnant?

Anthem's doula program can help support you!

www.anthem.com/ca/medi-cal

ACA-MEM1393-19



What is a doula?

A doula is a non-clinical professional who provides physical, emotional and informational support to mothers before, during and after childbirth. A doula is also known as a birth companion, birth coach or post-birth supporter.

What does a doula do?

A doula can help you along the pregnancy journey – during the prenatal period, delivery and the postpartum period – at no cost to you.

Support:



During the prenatal period of your pregnancy, a doula can help you come up with a birth plan, point you to childbirth classes, teach you about the birth experience, and go with you to your doctor visits, if it's okay with your doctor. You will have coverage for up to six prenatal visits.

Labor and birth:



During labor and birth, a doula can help guide you with methods such as breathing, relaxation, movement, positioning and comforting touch. A doula will work with both you and your doctor.

Post baby:



After you have your baby, a doula can help you understand your baby's motions and sounds, suggest ways to soothe your child, and support your choice of feeding methods. A doula can also help you with taking care of your body and getting to your postpartum visits. You will have coverage for up to three postpartum visits with the doula.

What are the benefits of using a doula in childbirth?

Some of the many benefits of working with a doula include*:

Shorter labors

Less need for epidurals and pain medications

Less use of forceps or vacuum

Fewer cesareans

More success with breastfeeding

More time to bond with your baby

An easier transition into parenthood

* March of Dimes Position Statement, Doulas and Birth Outcomes, January 2019.

Find free or low-cost community services and programs near you

To find local support for you and your family,
use the Anthem Community Resource Link at
anthembc.findhelp.com. Enter your ZIP code to
search for local services, including:

Food | Jobs | Housing | Education

You can learn more about healthcare
benefits with Anthem Medi-Cal at
chooseanthem.com. Or call Monday
to Friday from 7 a.m. to 7 p.m. toll free
at **800-407-4627 (TTY 711)**, or **888-285-7801
(TTY 711)** for members in Los Angeles.



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Do you need help with your healthcare, talking with us, or reading what we send you? We provide our materials in other languages and formats, including braille, large print, and audio at no cost to you. Call us toll free at 800-407-4627 (TTY 711), or 888-285-7801 (TTY 711) for members in Los Angeles.

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos, incluyendo braille, letras grandes y audio sin costo para usted. Llámenos a la línea gratuita al 800-407-4627 (TTY 711), o 888-285-7801 (TTY 711) para miembros en Los Angeles.

您在醫療保健、向我們諮詢、或是閱讀我們寄給您的資料時有需要任何的幫助嗎？我們以其他語言和格式提供我們的資料，包括點字、大型字體印刷和音訊格式，您無需支付任何費用。歡迎撥打我們的免費電話 800-407-4627 (TTY 711)，Los Angeles 的會員或可致電 888-285-7801 (TTY 711)。

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Coordinator at crortiz@cosb.us

Cessation Resources

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Kick It CA is a free program that helps Californians kick tobacco with the help of proven, science-based strategies.

Take the first step toward quitting.

KICK / IT
California

For more information:

San Benito County Tobacco Education Program

351 Tres Pinos Rd, Suite A-202

Hollister, CA 95023

Tel: (831) 637-5367

Monday-Friday: 8:00 a.m. to 5:00 p.m.

San Benito County Tobacco Education Program Coalitions

Visit our website